**Press Release – For Immediate Release**

**Hitchin Man to Run 70 Miles Along Hadrian's Wall for Throat Cancer Awareness**

**Hitchin, Hertfordshire – 31/05/2025** – Local resident **Andi Woolass** is preparing to take on one of the UK's most punishing endurance events, *The Wall* ultramarathon—a 70-mile run from Carlisle Castle to Gateshead—on **14 June 2025**, all in aid of the **Throat Cancer Foundation**.

This gruelling challenge isn't just a test of stamina. For Andi, it's deeply personal. Inspired by the battle his brother-in-law and family have faced with throat cancer, Andi is determined to raise both vital funds and awareness for a disease that affects thousands every year yet often goes unnoticed until it's too late.

"Throat cancer is misunderstood, misdiagnosed, and massively underfunded," said Andi. "It's been on my heart for a while, and this felt like the right way to finally do something about it."

Despite signing up while recovering from a torn calf and carrying an extra 20kg in weight, Andi is pushing through pain, time, and terrain to make this happen. He'll face over **3,500 feet of elevation**, 26 hours of near-continuous movement, and the mental isolation of long-distance solo running.

He's already raised over **£3,800** for the Throat Cancer Foundation, the only UK charity solely dedicated to throat cancers. The funds will help the Foundation continue its vital work in supporting patients, educating the public, and funding research into earlier diagnosis and better treatment outcomes.

**Gordon Dow**, Trustee and Business Development Manager at the Throat Cancer Foundation, said, "What Andi is doing is phenomenal. This level of personal commitment, not just physically but emotionally, shows the depth of care and drive behind our supporters. Every step he takes is helping shine a spotlight on cancers that too often go unspoken. We're proud to have him standing with us."

**Support the Campaign**

To sponsor Andi and follow his training journey, visit:

https://www.justgiving.com/page/aw-thewall

**ENDS**

**For media inquiries, interviews, or further information, please contact:**

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**Editor's Notes: About – Throat Cancer Foundation:**

Founded in 2012, the Throat Cancer Foundation is dedicated to reducing the impact of throat cancers on individuals and society. Following his own treatment and recovery, Jamie recognised the urgent need for better resources and support for those affected by throat cancers. He established the charity to provide essential information, guidance, and reassurance for patients, their families, and loved ones.

The foundation is committed to ensuring that everyone affected by throat cancer has access to the most up-to-date information regarding diagnosis, treatment options, and recovery. It works closely with a team of leading world class cancer experts and medical professionals specialising in head and neck cancers to drive advancements in care and awareness.

Additionally, the Throat Cancer Foundation is a founding member of HPV Action, a coalition of 50 patient and professional organizations working collaboratively to reduce the health burden of HPV-related cancers. Through advocacy, education, and research funding, the foundation strives to improve early detection, enhance treatment options, and support those navigating the challenges of throat cancer.